

*Building Partnerships*



*Supporting Choices*

DDS

DEPARTMENT OF DEVELOPMENTAL SERVICES

# SERVICES TO INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES

The State of California has a commitment to provide services and supports to individuals with developmental disabilities throughout their lifetime.

This commitment is carried out by the California Department of Developmental Services (DDS), which provides leadership and funding for services to individuals with developmental disabilities.

These services are provided through state-operated developmental centers, community facilities, and contracts with 21 nonprofit agencies called regional centers.

The regional centers have offices throughout California to provide a local resource to help find and access the many services available to individuals with developmental disabilities and their families.

These services and supports are provided through a combination of federal, state, county and local government services, private businesses, support groups and volunteers.










**DDS Home Page: [www.dds.ca.gov](http://www.dds.ca.gov)**

# WHO IS ELIGIBLE FOR REGIONAL CENTER SERVICES?



*To be eligible for services, the disability must begin before the person's 18th birthday, be expected to continue indefinitely and present a substantial disability. Also, the disability must be due to one of the following conditions:*

-  Mental Retardation
-  Cerebral Palsy
-  Epilepsy
-  Autism
-  Disabling conditions closely related to mental retardation or require similar treatment. Developmental disability does not include other conditions that are solely attributable to a psychiatric, physical or learning disability.
-  Infants and toddlers (age 0 to 36 months) who are at risk of having developmental disabilities or who have a developmental delay may also qualify for services.
-  Individuals at risk of having a child with a developmental disability may be eligible for referral for genetic diagnosis, counseling and other prevention services.





# WHAT SERVICES DO REGIONAL CENTERS PROVIDE?

*Regional centers provide or coordinate the following services and supports as they relate to a person's developmental disability:*



- ☼ Information and referral
- ☼ Assessment and diagnosis
- ☼ Counseling
- ☼ Individualized planning and service coordination
- ☼ Purchase of services included in the individual program plan
- ☼ Assistance in finding and using community and other resources
- ☼ Advocacy
- ☼ Early intervention services for at-risk infants and their families
- ☼ Genetic counseling
- ☼ Family support
- ☼ Planning, placement, and monitoring of 24-hour out-of-home care
- ☼ Training and educational opportunities for individuals and families
- ☼ Community education about developmental disabilities



# WHAT DO REGIONAL CENTER SERVICES COST?

There is no charge for diagnosis and assessment for eligibility. Once eligibility is determined, most services are free regardless of age or income. There is a requirement for parents to share the cost of 24-hour out-of-home placements for children under age 18. This share depends on the parents' ability to pay. There may also be a co-payment requirement for other selected services.

Regional centers are required by law to provide services in the most cost-effective way possible. They must use all other resources, including generic resources, before using any regional center funds. A generic resource is a service provided by an agency which has a legal responsibility to provide services to the general public and receives public funds for providing those services. Some generic agencies you might be referred to are the local school district, county social services department, Medi-Cal, Social Security Administration, Department of Rehabilitation and others. Other resources may include natural supports. This is help that you may get from family, friends or others.



# WHAT CAN THE REGIONAL CENTER DO FOR ME?



The regional center helps plan, obtain, coordinate and monitor the services and supports that are needed because of a developmental disability. This is called case management or service coordination. A case manager or service coordinator will be assigned to help you.

# HOW DO I KNOW WHAT SERVICES I WILL GET?



The regional center uses a planning process to develop an Individual Program Plan (IPP). For children age 0 to 36 months this process results in an Individualized Family Service Plan (IFSP). The plan is developed by you, parents of a minor child, a guardian or conservator (if any), anyone else you invite to be with you, and regional center staff.

The IPP (or IFSP) lists your goals and the services needed to reach those goals. It lists who will provide the service and who will pay for it. All services listed in the IPP or IFSP will be provided either by a generic or natural resource, a regional center vendor (a business approved by the regional center) or directly by the regional center.



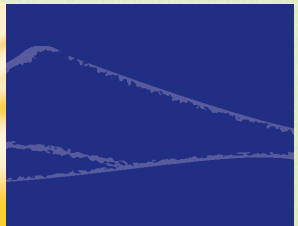
# WHAT ARE STATE DEVELOPMENTAL CENTERS?

State Developmental Centers (SDC's) are long-term care facilities licensed by the California Department of Health Services. They provide direct services which include the care and supervision of all residents on a 24-hour basis, supplemented with appropriate medical and dental care, health maintenance services, and assistance with activities of daily living and training. Education programs provided at the SDC's are also the responsibility of DDS.

SDCs provide an array of services and supports for individuals in need of a secure environment, or who have special medical or behavioral program needs. Services are based on needs identified in each person's Individual Program Plan (IPP). A comprehensive assessment of the person's abilities, strengths, needs and preferences determines what will be included in the IPP. The basis for treatment is positive reinforcement, which is used to encourage appropriate behavior.

Referral for admission to a SDC is made through the regional center.

DDS operates 5 SDC's, located in San Jose, Costa Mesa, Pomona, Porterville and Sonoma (Eldridge).





# COMMUNITY FACILITIES— STATE OPERATED

State operated community facilities, a new approach to providing services to persons with developmental disabilities in California, were created due to limited space in SDCs for persons with developmental disabilities with challenging behavioral needs. Two state operated community facilities are currently in operation:

☀ **Sierra Vista.** Located in Yuba City, **Sierra Vista** is a community facility that has been leased by DDS and operated by DDS employees. **Sierra Vista** offers residential and treatment approaches for up to 55 adults who have developmental disabilities and challenging behavior issues.

☀ **Canyon Springs** is a community facility located in Cathedral City, in Southern California. Canyon Springs offers residential and treatment approaches for up to 63 adults who have developmental disabilities and challenging behavior issues.

Both Sierra Vista and Canyon Springs are Intermediate Care Facilities licensed by the Department of Health Services.



## REGIONAL CENTERS

Alta California Regional Center	<a href="http://www.altaregional.org">www.altaregional.org</a>	Sacramento	(916) 978-6400
Central Valley Regional Center	<a href="http://www.cvrc.org">www.cvrc.org</a>	Fresno	(559) 276-4300
Eastern Los Angeles Regional Center	<a href="http://www.elarc.org">www.elarc.org</a>	Alhambra	(626) 299-4700
Far Northern Regional Center	<a href="http://www.farnorthernrc.org">www.farnorthernrc.org</a>	Redding	(530) 222-4791
Frank D. Lanterman Regional Center	<a href="http://www.lanterman.org">www.lanterman.org</a>	Los Angeles	(213) 383-1300
Golden Gate Regional Center	<a href="http://www.ggrc.com">www.ggrc.com</a>	San Francisco	(415) 546-9222
Harbor Regional Center	<a href="http://www.harborrc.org">www.harborrc.org</a>	Torrance	(310) 540-1711
Inland Regional Center	<a href="http://www.inlandrc.org">www.inlandrc.org</a>	San Bernardino	(909) 890-3000
Kern Regional Center	<a href="http://www.kernrc.org">www.kernrc.org</a>	Bakersfield	(661) 327-8531
North Bay Regional Center	<a href="http://www.nbrc.net">www.nbrc.net</a>	Napa	(707) 256-1100
North Los Angeles County Regional Center	<a href="http://www.nlacrc.com">www.nlacrc.com</a>	Van Nuys	(818) 778-1900
Regional Center of the East Bay	<a href="http://www.rceb.org">www.rceb.org</a>	Oakland	(510) 383-1200
Regional Center of Orange County	<a href="http://www.rcocdd.com">www.rcocdd.com</a>	Orange	(714) 796-5100
Redwood Coast Regional Center	<a href="http://www.redwoodcoastrc.org">www.redwoodcoastrc.org</a>	Eureka	(707) 445-0893
San Andreas Regional Center	<a href="http://www.sarc.org">www.sarc.org</a>	Campbell	(408) 374-9960
San Diego Regional Center	<a href="http://www.sdrcc.org">www.sdrcc.org</a>	San Diego	(858) 576-2996
San Gabriel/Pomona Regional Center	<a href="http://www.sgprc.org">www.sgprc.org</a>	Pomona	(909) 620-7722
South Central Los Angeles Regional Center	<a href="http://www.sclarc.org">www.sclarc.org</a>	Los Angeles	(213) 763-7800
Tri-Counties Regional Center	<a href="http://www.tri-counties.org">www.tri-counties.org</a>	Santa Barbara	(805) 962-7881
Valley Mountain Regional Center	<a href="http://www.vmmc.net">www.vmmc.net</a>	Stockton	(209) 473-0951
Westside Regional Center	<a href="http://www.westsiderc.org">www.westsiderc.org</a>	Culver City	(310) 258-4000

## STATE DEVELOPMENTAL CENTERS

Agnews Developmental Center	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	San Jose	(408) 451-6000
Fairview Developmental Center	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	Costa Mesa	(714) 957-5000
Lanterman Developmental Center	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	Pomona	(909) 595-1221
Porterville Developmental Center	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	Porterville	(559) 782-2222
Sonoma Developmental Center	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	Eldridge	(707) 938-6000

## COMMUNITY FACILITIES - STATE OPERATED

Canyon Springs	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	Cathedral City	(760) 770-6200
Sierra Vista	<a href="http://www.dds.ca.gov">www.dds.ca.gov</a>	Yuba City	(530) 822-7000

## VISION

“BUILDING PARTNERSHIPS, SUPPORTING CHOICES”

## MISSION

The Department of Developmental Services (DDS) provides leadership and direction to ensure that individuals with developmental disabilities have the opportunity to make choices about their own lives, receive needed services and supports, are safe and healthy, and have a high quality of life.

### **STATE OF CALIFORNIA**

**Arnold Schwarzenegger • Governor**

**S. Kimberly Belshé • Secretary  
California Health and Human Services Agency**

**Cliff Allenby • Director  
Department of Developmental Services  
November 2003**

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